

Southern Vegetable Soup

1 KNORR BEEF BOUILLON CUBE
1 TBSP. MRS. DASH ORIGINAL BLEND
4 RUSSET POTATOES (PEELED, QUARTERED, AND CUT UP)
2 LARGE CARROTS (PEELED AND CUT INTO ROUNDS)
2 CUPS V8 OR MIXED VEGETABLE JUICE
2 CUPS WATER
1 CAN DICED TOMATOES (NO EXTRA SPICES)
1 CHOPPED ONION
1.5 LB DRAINED BROWNED GROUND CHUCK
1 1/2 CUPS FROZEN SPECKLED BUTTER BEANS
1 1/2 CUPS FROZEN BUTTER PEAS
1 1/2 CUPS FROZEN SHOE PEG CORN (DO NOT USE CANNED OR SWEET CORN)
1 CUP GREEN PEAS (OR ONE REGULAR SIZE CAN WITH JUICE)
SALT & PEPPER TO TASTE (I USED 1 1/2 TSP. SALT AND 1/2 TSP. PEPPER)

Any vegetable of your choice (chopped fresh cabbage, cut green beans, peas, etc.) Just use what you have in freezer or refrigerator!

Combine all ingredients and simmer on lowest setting for 4-5 hours. Make some cornbread and enjoy! Serves 8-10 persons.