Simple Brunswick Stew

BOIL A YOUNG FRYER CHICKEN 11/2 TSP. SALT 1/2 TSP. PEPPER 1 CHICKEN BOUILLON KNORR OR 1 TBSP. GRANULES ONION CHOPPED 2 STALKS CELERY (CUT IN HALF)

Boil chicken with salt, pepper, onion, celery, and bouillon breast down on medium/low for 1 hours. Take chicken out with two large spoons and place on a platter. (Remove chicken from bones after it cools) discard bones and fat and celery pieces from broth. Keep broth for stew. Strain if desired.

1 LARGE ONION CHOPPED 6 POTATOES (CHOPPED SMALL) 1 KNORR CHICKEN BOUILLON OR 1 TBSP. GRANULES 1 KNORR BEEF BOUILLON OR 1 TBSP. GRANULES WORSTERSHIRE SAUCE 2-3 DASHES 1 LARGE CAN CRUSHED TOMATOES 1 CAN GREEN LIMA BEANS (DRAINED) OR FROZEN LIMAS 1/2 TSP. LIQUID SMOKE 2 EARS OF FRESH CORN CUT OFF COBB OR CAN OF CORN DRAINED SALT AND PEPPER TO TASTE 4 CUPS CHICKEN STOCK 1/2 CUP TOMATO KETCHUP

Add ingredients above to a stockpot and simmer slow all day until thick. Serve over loaf bread.

VOLUME ONE COOKBOOK 3RD EDITION

107